

MENSA Weekly Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
18	19	20	21	22
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
White Rice	White Rice	White Rice	White Rice	White Rice
Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta
Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce
Pasta w/Oil, Garlic and Hot Pepper	Chinese Noodles	Pumpkin Domplings w/Bacon	Spaghetti w/Eggs, Bacon and Cream	Pasta w/Pesto and Shrimps
Hamburger	Sausage w/Polenta	Grilled Salmon	Spicy Chicken	Pork Loin
Filled Pastry w/Ham and Artichokes	Grilled Chicken Breast	Beef Stew	Baked Cheese w/Onions	Pizza
Oven Chicken Thighs	Eggplant Bites	Chicken Nuggets	Grilled Turkey Breast	Fried Sole Fish
Cured Ham	Cured Ham	Cured Ham	Cured Ham	Cured Ham
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes
Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates
Potatoes	Potatoes	Potatoes	Potatoes	Potatoes
Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
MENU SUBJECT TO CHANGED BASED ON AVAILABILITY OF PRODUCTS				