

MENSA Weekly Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13	14	15	16	17
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
White Rice	White Rice	White Rice	White Rice	White Rice
Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta
Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce
Spaghetti w/oil, garlic and hot pepper	Noodles w/sausage	Baked pasta	Pasta w/eggs and cream	Spinach dumplings w/butter and sage
Pork cutlet	Grilled chicken breast	Grilled salmon	Baked cheese w/potato and onion	Spicy mussels
Baked chicken thigh	Baked pork shin	Beef meatballs w/curry	Pork chop	Grilled beef burger
Italian flat bread w/ham and cheese	Eggs and spinach cake	Grilled pork steak	Grilled turkey breast	Omelette w/zucchini
Vegetables balls				
Cured Ham	Cured Ham	Cured Ham	Cured Ham	Cured Ham
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes
Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates
Potatoes	Potatoes	Potatoes	Potatoes	Potatoes
Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
MENU SUBJECT TO CHANGED BASED ON AVAILABILITY OF PRODUCTS				