

MENSA Weekly Menu				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22	23	24	25	26
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
White Rice	White Rice	White Rice	White Rice	White Rice
Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta	Plain Pasta
Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce	Pasta w/Tomato or Meat Sauce
Pasta w/oil, garlic and hot pepper	Baked pasta	Cannelloni w/ricotta and spinach	Pasta w/eggs and cream	Noodles w/clams and pesto
Pork hamburger	Grilled turkey breast	Beef steak	Baked cheese w/potato and onion	Grilled mackerel fillet
Baked chicken thigh	Chicken shish kebab w/wurstel	Fried sole fish	Baked chicken breast	Chicken nuggets
Salmon trout fillet	Eggplants balls	Pork roasted w/onion	Pork escalope w/meat sauce	Omelette w/vegetables
Fried mozzarella sticks				Meatballs w/blue cheese
Cured Ham	Cured Ham	Cured Ham	Cured Ham	Cured Ham
Chef Salad	Chef Salad	Chef Salad	Chef Salad	Chef Salad
Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes	Mozzarella and Tomatoes
Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates	Mixed Cold Plates
Potatoes	Potatoes	Potatoes	Potatoes	Potatoes
Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables	Steamed Vegetables
Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad	Mixed Salad
MENU SUBJECT TO CHANGED BASED ON AVAILABILITY OF PRODUCTS				